

Spring/Fall Packing List

Scouts are responsible for checking the weather report before a trip.

Gear

- Backpack/duffle bag with cover (trash bag)
- Sleeping bag (15-30 degree rating is good)
- Blanket (optional - if used, wool is best)
- Pillow
- Thermarest/sleeping pad (tent camping)
- Daypack for hikes (small for carrying water, lunch, etc. No string bags)
- Headlamp
- 1 Qt. Water bottle ([Nalgene](#) type) - IMPORTANT
- Mess kit, includes
 - Spoon and/or fork
 - Bowl and plate (can be Rubbermaid container)
 - Cup and/or mug
- Toilet paper (partial roll)
- Personal First Aid Kit
 - Moleskin
 - Band-Aids
- Compass
- Very small pocketknife (optional)

Personal Kit

- Toothbrush/Toothpaste
- Scentless chapstick
- Foot/body powder (Gold Bond is good)
- Medicines (if any)
- 2 handkerchiefs or tissues
- Camera (optional)
- Hand and Foot Warmers (optional)
- Sunscreen
- Bug repellent

Clothes: Dress in layers!

- Pack in plastic bags for cold/wet weather
- **THINK layers, polyester or wool, not cotton**
- T-shirt (long sleeve) (Under Armor or wicking material)
- 2 pants (jeans not recommended as they stay wet)
- Long Sleeve Shirt (Turtleneck is good)
- Sweater/sweatshirt
- Sweatpants or shorts (for sleeping)
- Sleep t shirt (or Sweatshirt)
- 1 pr polypropylene liner and wool outer socks
- 1 pair of boots (hiking boots; consider a second pair of shoes for camp)
- Underwear short, for each day, plus one extra
- Rain jacket and pants (check weather)
- Hat (to sleep in if cold)
- Gloves (if cold)
- Thermal underwear (optional, if cold enough)

Leave the electronics at home