

## Winter Packing List

Scouts are responsible for checking the weather report before a trip.

### Gear

- Backpack/duffle bag with cover (trash bag)
- Winter sleeping bag (0 degrees)
- Blanket (optional - if used, wool is best)
- Pillow
- Thermarest/sleeping pad (tent camping)
- Daypack for hikes (small for carrying water, lunch, etc. No string bags)
- Headlamp
- 1 Qt. Water bottle ([Nalgene](#) type) - IMPORTANT
- Mess kit, including
  - Fork, spoon, knife
  - Bowl and plate (can be Rubbermaid container)
  - Cup and/or coffee mug
- Toilet paper (partial roll)
- Personal First Aid Kit
  - Moleskin
  - Band-Aids
- Compass
- Very small pocketknife (optional)

### Personal Kit

- Toothbrush/Toothpaste
- Scentless chapstick
- Foot/body powder (Gold Bond is good)
- Medicines (if any)
- 2 handkerchiefs or tissues
- Camera (optional)
- Hand and Foot Warmers (optional)
- Sunscreen

### Clothes: Dress in layers!

- Pack clothes in plastic zip-top bags to keep dry
- **THINK layers, polyester or wool, not cotton**
- T-shirt (long sleeve) (Under Armor or wicking material)
- 2 pants (jeans not recommended as they stay wet)
- Long Sleeve Shirt (Turtleneck is good)
- Sweater/sweatshirt/fleece
- Sweatpants or shorts and shirt (for sleeping)
- 2 pr polypropylene liner and wool outer socks
- 2 pair of boots (hiking boots and a second pair of shoes/boots for camp)
- Underwear short, for each day, plus one extra
- Rain jacket and pants (check weather)
- 2 Hats (one for day and one for sleep)
- Gloves
- Thermal underwear (optional)
- Heavy jacket (e.g., ski jacket)

**Leave the electronics at home**